The Reminder

June 2024

Senior Men's Club, Birmingham, Michigan



President's Letter

"What am I going to do when I retire?" To answer that question, all we have to do is to look at the list of SMCB activities each week and see all the choices that we have. From sports like golf and pickleball, to reading, genealogy, and investment groups to name only a few. All of these are important and keep us active; there are a few other aspects of the club that really make a difference in other people's lives.

The first is the camaraderie and the way that members look after and take care of each other. I enjoy coming to the Friday morning meetings not only for the speakers, but also for the fellowship. We hear the V&H report each week and keep in touch with those that cannot be with us. When I

have talked with the families of our members that have passed away, I always hear how much the SMCB meant to them and the comfort that club members provided to their loved ones.

The second area that I am glad to see continuing to grow is that of community engagement. We always talk about service as a club, and we are now living that part of our mission more and more. Dave Strubler and the community engagement committee have done a great job of providing opportunities for our members to make a difference. The SCORE mentorship group is currently at 11 and is looking to add more. Please consider if this is something that you could contribute to. We had some members participate in a recent Habitat for Humanity event and there will be more opportunities in the future.

These are the things that make the SMCB special. We are so much more than a social club and I, for one, am proud to be a part of it.

John Maten

JUNE LUNCHES AT THE IROQUOIS CLUB

JUNE 7TH TO CELEBRATE THE JUNE 6, 80TH ANNIVERSARY OF THE D-DAY LANDING IN NORMANDY FRANCE

Rolls & Butter Michigan Maple Salad MixedVegetables Mushroom, Spinach Crepes Chicken Marsala

Dessert: Brownies

JUNE 21ST

Rolls & Butter Garden Salad Green Beans Mac nCheese Rosemary Chicken Dessert: Brownies

JUNE 14TH

Rolls &Butter Caesar Salad Peas Mostaccioli Sliced Prime Rib Dessert: Cookies

JUNE 28TH

Rolls &Butter GardenSalad Mixed Vegetables Fettuccini Alfredo Chicken Picatta Dessert: Cookies

> oup Club

June 2024 Speakers

Speaker Chair - Ras Desai

June 7thVickie Jozefiak, Owner, (Oasis Senior Advisors	1 1
"Senior Living Options, When It's T	Time to Start Looking"	2 Sı
	5	Roc
June 14thDr. Anar Guru, Dean of Health and Human Services, Mot	tt Community College	3 Bi
"Staying STEADI, Fall Risk and Prevention Strate	egies for Older Adults"	4 S
		45
June 21st Dave Coulter, Oakl	and County Executive	5 C
"An Update from Oakland County Ex	ecutive Dave Coulter"	6 1
		Rea
June 28th Mentor in Residence at Innovation Partnerships, U		7 1
• *	"Living With Diabetes"	ſ
	Living with Diabetes	8 (

CONTENTS

1 President's Letter, June Lunches, June Speaker
2 Successful SCORE Lunch, Rock the Block Photos
3 Bizzare Detroit Tour Photos
4 Special Events, Investment Gro
5 Classic Movie Group, Camera
6 Monday & Wednesday Reading Group, Camera Club
7 May Birthdays, May 2024 Calender

3 Contact Us



Successful SCORE Lunch

SCORE is one of the three activities identified as an official club social engagement opportunity. SCORE is a volunteer organization that helps entrepreneurs succeed. It is funded by Congress and administered by the SBA. SCORE was once known as the Service Core of Retired Executives but is now just known as SCORE. SCORE provides training that you can do at your own pace. After training you become a Certified Mentor. Entrepreneurs reach out for help via website score. org. Mentors can choose which entrepreneurs to engage as clients. Mentors typically accept one client engagement per week. Client engagements are typically done via video call and usually take one hour. Mentors and entrepreneurs often have follow-up calls until the business problem is solved. Mentors manage their own time commitment.

Eleven SCMB members are SCORE volunteers. We met for lunch at Dick O'Dow's and exchanged stories about the clients we have mentored. The stores were great and varied. The support from our volunteers is making a big difference in the community. We agreed to meet for lunch at least four or five times a year.

All SMCB SCORE volunteers have different backgrounds. You may think you don't know enough to be a mentor. But you can! Many entrepreneurs have a great idea but not any business experience. You have more mentoring ability than you know! Much of this is just common sense. And SCORE provides an incredible amount of support. If you have an interest in joining our SCORE group call Rich McGee, 248 703 7231 or talk to him at a Friday meeting. Look into it.

Rich McGee

Rock the Block Photos



























































SPECIAL EVENTS



RIVER CRUISE: Wednesday, June 12 Time: 11:00 am to 1:30 pm Buses depart 9:30 am and return 3:00 pm from Church. Two Buses as well as Self Drive Tickets: \$60 as well as \$50. SOLD OUT. Some self drive tickets left. For waiting list; Contact : John Willis.

CENTRAL STATION & BOOK DEPOT TOUR

An exciting announcement; thanks to Andy Acho, the Ford Motor Company has allocated us the date of Tuesday, July 23, 2024 for the SMCB tour of the Book Depot and the Railway Station. More details to follow. Contact: Malcolm Hendy.

On behalf of the SEC I thank you all for your continued support. We can use help from a few enthusiastic members to organize future events. Please contact me or any of our Team Leaders.

Ras Desai



Investment Group



Thank you to those that attended this past meeting in May, which Leon LaBrecque helped provide some answers to the uncertainty with regards to investing.

The next meeting will be on Thursday on June 13th at 2:45pm at the Baldwin Library. We will distribute the Stock Game prize money and hear from those that participated! For those that participated in the Stock Game, we look forward to hearing from you on why a particular stock was chosen.

Speaking of the Stock Game, Jon Haber remains in first place with his pick of Oscar Health (OSCR), which is up 333% since the stock game started in mid-October, 2023. Second place is Jay Hall with his portfolio up 113%, with one stock - Super Micro Computer (SMCI) is up 221%. In Third place is Bill Halbert with his portfolio up 107%. Bill has several stocks one of which Viking Therapeutics (VKTX) is up 537%!

Anyone who would like to receive a stock game report, please give me a call (248-990-0305).

Positive Returns,

Mike Korsak



CLASSIC MOVIE



On Monday, June 10th at 1:00 PM, Jon Haber will present, via Zoom, the award winning noir/drama "The Lost Weekend" (1944) (1 hour / 41 minutes). Directed by Billy Wilder and adapted from a Charles R Jackson novel by Wilder and Charles Brackett, The Lost Weekend gives the viewer an unflinching look at the devastating effects of alcoholism.

The story opens with writer

Don Birnam (Ray Milland), recently back from a stay at a sanitarium, which was supposed to make him stay sober, planning to enjoy a weekend with his brother, Wick (Phillip Terry). But, tragically, eager for drink, he maneuvers both Wick and his own girlfriend (Jane Wyman) to leave him alone and he winds up going on a weekend long bender that just might prove to be his last.

The film won Academy Awards for Best Picture, Best

Director, Best Actor and Best Adapted Screenplay. The movie was very well received by the critics and was a commercial success grossing about ten times its cost. The film remains as powerful today as when it was released eighty years ago. It has a current Rotten Tomatoes Approval Rating of 97% and an IMdb Rating of 8.4/10.

A preview of the movie is now available to watch by pressing the CMG Movie Preview Button on the Club's Homepage.

So, mark your calendars now and plan to join Jon, and the rest of our Group, on June 10, to watch and enjoy this fascinating film from Hollywood's golden age of movie making.

Please note that the Zoom link for the movie will be at the top of the Scheduled Events eBlast for the week of June 9, which will be published on Friday morning June 7.

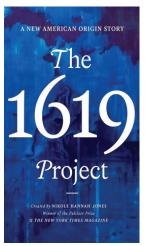
Looking forward to seeing you on June 10. Fred Hansz / Chairman



MONDAY AND WEDNESDAY READING GROUPS

June 2024

Our discussions in June will focus on two books that couldn't be more different in topic, style and format. Both, however, are likely



to stimulate lively discussions. Both groups will continue to meet via Zoom. These sessions are open to all members (and significant others) even if they haven't read the book but are interested in the subject being discussed. Please let Roger Timm or Bob Maxfield know if you would like to be added to our distribution list.

Wednesday, June 5, 10:30 AM: The 1619 Project: A New Origins Story by Nikole Hanna Jones. (New York: One World, 2021) Ashok Gupta will lead this discussion.

From the publisher: "The New York Times Magazine's award-winning 1619 Project issue reframed our understanding of American history by placing slavery and its continuing legacy at the center of our national narrative. This book substantially expands on that work, weaving together eighteen essays that explore the legacy of slavery in present-day America with thirty-six poems and works of fiction that illuminate key moments of oppression, struggle, and resistance. The essays show how the inheritance of 1619 reaches into every part of contemporary American society, from politics, music, diet, traffic, and citizenship to capitalism, religion, and our democracy itself."

From the LA Times review: "The ambitious project that got Americans rethinking our racial history—and sparked inevitable backlash—even before the reckoning that followed George Floyd's murder, is expanded into a book

incorporating essays from pretty much everyone you want to hear from about the country's great topic and great shame."

Monday, June 17, 3 PM: Hero of Two Worlds: The Marquis de Lafayette in the Age of Revolution by Mike Duncan. (New York: Public Affairs, 2022) This discussion will be led by Jon Haber.

From the publisher: "Few in history can match the revolutionary career of the Marquis de Lafayette. Over fifty incredible years at the heart of the Age of Revolution, he fought courageously on both sides of the Atlantic. He was a soldier, statesman, idealist, philanthropist, and abolitionist.

As a teenager, Lafayette ran away from France to join the American Revolution. Returning home, a national hero, he helped launch the French Revolution, eventually spending five years locked in dungeon prisons. After his release, Lafayette sparred with Napoleon, joined an underground conspiracy to overthrow King Louis XVIII, and became an international symbol of liberty. Finally, as a revered elder statesman, he was instrumental in the overthrow of the Bourbon Dynasty in the Revolution of 1830."

The New Yorker reviewer called it "Pleasingly informal...Duncan's biography is written in a loose, colloquial style that sometimes startles with its informality but more often delights with its directness

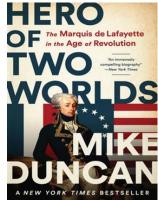
Looking ahead to July:

Wednesday, July 10, 10:30AM: And There was Light: Abraham Lincoln and the American Struggle by John Meacham. (Bob Maxfield)

Monday, July 22, 3 PM: July 15: The Innocent Man by John Grisham (George Stern)

Camera Club

The CAMERA CLUB will meet on Third Thursday of June, the 23rd, at 3PM at the Baldwin Library's board room. Robert Sparks has migrated his 35 mm photos of his military service time in Vietnam Nam into electronic format and will share them with us. Zoom will be attempted, but has not always worked well for this type of sharing. (The chair would welcome offers from SMC associates/members of their more recent trips to Vietnam Nam for comparison.). Please note there will be no meetings in July or August.





	2024 JU	NE Calenda	ar at a Glance as of:	Monday, May 20, 2024		
Week 1	Date	Time	Group	Location or via Zoom	Contact	Phone Number
Monday	June 3	7:00 AM	Golf- Lincoln Hills	2666 W. 14 Mile, Birmingham	Tim McGee	(248) 643-0971
First Monday	June 3	2:00 PM	Genealogy Group	Baldwin Lib - Delos Bd. Rm + Zoom	John Maten (acting)	(248) 251-9339
Tuesday	June 4	8:15 AM	Walking Group	Shain Park	Wei Feng	(248) 935-0426
First Tuesday	June 4	10:00 AM	Special Events Committee	Baldwin Lib - Delos Bd. Rm + Zoom	Ras Desai	(248) 722-4411
Tuesday	June 4	NOON	Cycle For Life (Spinning)	Bev. Hills Club, Southfield Rd	Joe Schulenberg	(248) 885-6194
Tuesday	June 4	1:30 PM	SMC Foundation	Baldwin Lib - Delos Bd. Rm + Zoom	Mike Bica	(239) 370-8758
First Wednesday	June 5	10:30 AM	Readers Group B	Zoom	Roger Timm	(248) 644-4050
Wednesday	June 5	1:00 PM	Pickleball	UWM Sports Complex, 867 South Blvd, Pontiac	Dave Anderson	(248) 408-8096
Thursday	June 6	7:00 AM	Golf- Springdale	316 Strathmore Rd, Bloomfield Hills	Tim McGee	(248) 643-0971
Thursday	June 6	8:15 AM	Walking Group	Barnum Park	Charlie Blank	(248) 390-8208
Friday	June 7	10:30 AM	Weekly Friday Mtg	Iroquois Club + Zoom	John Rusche	(248) 219-8114
Friday	June 7	1:30 PM	Bridge Group	Baldwin Lib - Jeanne Lloyd Room	Kirby Callam	(248) 646-5938
Week 2						
Monday	June 10	7:00 AM	Golf- Lincoln Hills	2666 W. 14 Mile, Birmingham	Tim McGee	(248) 643-0971
Second Monday	June 10	1:00 PM	Classic Movie Group	Zoom	Fred Hansz	(248) 559-3105
Tuesday	June 11	8:15 AM	Walking Group	Shain Park	Wei Feng	(248) 935-0426
Second Tuesday	June 11	10:00 AM	Board of Directors	Baldwin Lib - Donor Room	John R Maten	(248) 251-9339
Tuesday	June 11	11:30 AM	Associate Orientation Training	Baldwin Lib - Donor Room	John R. Klein	(248) 363-3020
Tuesday	June 11	NOON	Cycle For Life (Spinning)	Bey, Hills Club, Southfield Rd	Joe Schulenberg	(248) 885-6194
Wednesday	June 12	11:00 AM	SPECIAL EVENT- Detroit River Cruise	Bus leaves from 1st Presb. Church @ 9:30 AM	John Willis	(734) 626-5989
Wednesday	June 12	1:00 PM	Pickleball	UWM Sports Complex, 867 South Blvd, Pontiac	Dave Anderson	(248) 408-8096
Second Wednesday	June 12	7:00 PM	CPR/AED Refresher Must Pre-Registe	Birmingham Fire Station- Adams Rd/248-530-1906	David Dinger	(248) 310-4583
Thursday	June 13	7:00 AM	Golf- Springdale	316 Strathmore Rd. Bloomfield Hills	Tim McGee	(248) 643-0971
Thursday	June 13	8:15 AM	Walking Group	Barnum Park	Charlie Blank	(248) 390-8208
Second Thursday	June 13	2:45 PM	Investment Group	Baldwin Library- Donor Room + Zoom	Mike Korsak	(248) 990-0305
Friday	June 14	10:30 AM	Weekly Friday Mtg	Iroquois Club + Zoom	John Rusche	(248) 219-8114
Friday	June 14	1:30 PM	Bridge Group	Baldwin Lib - Jeanne Lloyd Room	Kirby Callam	(248) 646-5938
Week 3					· ·	, · · ·
Monday	June 17	7:00 AM	Golf- Lincoln Hills	2666 W. 14 Mile, Birmingham	Tim McGee	(248) 643-0971
Third Monday	June 17	3:00 PM	Readers Group A	Zoom	Bob Maxfield	(248) 481-9791
Tuesday	June 18	8:15 AM	Walking Group	Shain Park	Wei Feng	(248) 935-0426
Tuesday	June 18	Noon	Cycle For Life (Spinning)	Bev. Hills Club, Southfield Rd	Joe Schulenberg	(248) 885-6194
Wednesday	June 19	1:00 PM	Pickleball	UWM Sports Complex, 867 South Blvd, Pontiac	Dave Anderson	(248) 408-8096
Thursday	June 20	7:00 AM	Golf- Springdale	316 Strathmore Rd, Bloomfield Hills	Tim McGee	(248) 643-0971
Thursday	June 20	8:15 AM	Walking Group	Barnum Park	Charlie Blank	(248) 390-8208
Third Thursday	June 20	3:00 PM	Camera Group	Baldwin Lib - Delos Bd. Rm + Zoom	Jay Hall	(248) 644-1455
Friday	June 21	10:30 AM	Weekly Friday Mtg	Iroquois Club + Zoom	John Rusche	(248) 219-8114
Friday	June 21	1:30 PM	Bridge Group	Baldwin Lib - Jeanne Lloyd Room	Kirby Callum	(248) 646-5938
Third Friday	June 21	5:00 PM	REMINDER Submission Deadline	smcbreminder@gmail.com	Maynard Timm	(248) 303-5490
Week 4					+ ·	. ,
Monday	June 24	7:00 AM	Golf- Lincoln Hills	2666 W. 14 Mile, Birmingham	Tim McGee	(248) 643-0971
Tuesday	June 25	8:15 AM	Walking Group	Shain Park	Wei Feng	(248) 935-0426
Tuesday	June 25		Cycle For Life (Spinning)	Bev. Hills Club, Southfield Rd	Joe Schulenberg	(248) 885-6194
Wednesday	June 26	1:00 PM	Pickleball	UWM Sports Complex, 867 South Blvd, Pontiac	Dave Anderson	(248) 408-8096
Thursday	June 27	7:00 AM	Golf- Springdale	316 Strathmore Rd. Bloomfield Hills	Tim McGee	(248) 643-0971
Thursday	June 27	8:15 AM	Walking Group	Barnum Park	Charlie Blank	(248) 390-8208
Friday	June 28	10:30 AM	Weekly Friday Mtg	Iroquois Club + Zoom	John Rusche	(248) 219-8114
Friday	June 28	1:30 PM	Bridge Group	Baldwin Lib - Jeanne Lloyd Room	Kirby Callam	(248) 646-5938
	June 20	1.301141	Bridge broup	Salatin die Scanne dieya noonn	in sy callant	12.3/040.3338

2024 JUNE Calendar at a Glance as of:

JUNE BIRTHDAY'S

June 4	a Dr. Sugan Shetty	June 12	Mike Albright	June 22	* Lou Baughman
June 5	Richard Knoll	June 13	Kent Anderson		a Tom Catalano
June 7	Bill Bartlam		* Art Hesskamp	June 24	Jim Britton
	John Carter	June 14	Fred Freeman		a CDR Middleton
June 8	* Dieter Ksoll		Doug Maskin		* John Wargelin
	Dr. John Paesano		* Riggs Miller	June 25	Brian Haw
	* Bob Parker Jr	June 15	* Walt Ebling	June 26	* Dr. Gino Salciccioli
	Marty Reisig	June 16	a Paresh Khandhadia	June 27	* Walt Kowal
June 11	Jerry Dayinian		a Dr. Khota Singal	June 28	Dave Ashland
	Larry Imerman	June 17	Pete Good	June 29	a Tom Longhway
	a Dr. Bala Setty	June 19	John Groves		* Jack McCleary
			Gerd Keuffel		Frank Snower
		June 21	Bob James		





The Reminder

A monthly publication of the Senior Men's Club, which meets Friday at 10:30 AM at the Iroquois Club* in Bloomfield Hills.

Officers for 2024 are:

- President, John Maten;
- First Vice President, Ray Buratto;
- Second Vice President, John Rusche;
- Recording Secretary, Jim Hayes;
- Corresponding Secretary, Bo Tamarelli;
- Treasurer, Rich McGee;
- Assistant Treasurer, George Dilgard

THE REMINDER Team:

- Tom Dahlem, Publisher;
- Maynard Timm, Co-Editor
- Tim McGee, Co-Editor
- Tom Dahlem & Tom Booth, Photography.
- *The Reminder Deadline for articles is July 21, 2024

*The Iroquois Club is located on the east side

of Woodward Avenue, just north of Square Lake Road in Bloomfield Hills. The meeting is also accessible via ZOOM for those not able to attend in person.

CONTACT US

The Senior Men's Club mailing address for general Club or SMC Foundation correspondence is:

Senior Men's Club P.O. Box 1149 Birmingham, MI 48012-1149

All mail should be sent to the above address

The Club may also be contacted via email at:

seniormensclub@gmail.com

Visit SMC at: www.seniormensclub.com

Fellowship • Shared Interest • Community Service