

The Reminder



February 2018

Senior Men's Club of Birmingham, Michigan

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Dick Harper Named Editor Emeritus of The Reminder

Dick Harper, a faithful member of the SMCB since 1995, who served as President in 2004 and Chair of our 50th Anniversary efforts in 2007, has been named Editor Emeritus of *The Reminder*, which he edited since 2008. Maynard Timm and Jay Kafarski will become Co-Editors, and Dick has graciously agreed to assist in a smooth and seamless transition. Moreover, he will continue to edit the Mystery Lyrics and Sports Trivia sections.

Incoming President Dick Bradley described Dick Harper as a "noble representative of the SMCB." He further observed that Dick "is the embodiment of our core values of fellowship, shared activities, and service."

Lee Trumbull, Senior Director, Business Services at TCH, commented: "For the past ten years, I have had the pleasure of working on *The Reminder* with one of the nicest people you will ever meet, Dick Harper. He is a detail oriented, on time, considerate kind of guy. And he and I, of course, bonded over our mutual desire to produce the best *Reminder* possible!"

In reflecting on his SMCB and *Reminder* involvement, Dick stated: "Of all the Club activities and responsibilities I have been involved in, none has given me more satisfaction than serving as *Reminder* Editor. Every month we faced the challenge of developing the best and most informative newsletter possible. I have had the continuing support of a dedicated *Reminder* team, including Lee Trumbull of TCH, and of the many Club members responsible for providing copy materials. I also benefitted from the positive comments from *Reminder* readers. It's been a blast!"

On behalf of everyone whose lives Dick has touched during his time with the SMCB and as *Reminder* Editor, please join me in expressing our deepest and sincere thanks.



Dick Harper

FEBRUARY PROGRAMS

FEBRUARY CHAIRMAN: Swarn Rajpal

- 2 Congresswoman Brenda Lawrence *Current U.S. Congress Activities*
- 9 Katherine Kosdorf, Asst. Curator for Arts of Asia and Islamic World, DIA..... *New Asian Galleries at DIA*
- 16 Milan Stevanovich, V.P. Global Strategy, Detroit Chinese Business Association *Chinatunities*
- 23 Jeremy Moss, Michigan State Representative, 35th District *Fair Lines and Open Records Addressing Gerrymandering and FOIA Reform in Michigan*

FEBRUARY DISCUSSION GROUP

FEBRUARY CHAIRMAN: Martin Rowell

- 2 Martin Rowell *Impressions of China & Tibet*

Games

Pete Kass Leads Team to First Half Bowling Championship

Congratulations to "The Bowlers" (Pete Kass, Tony DiMarco, and Tom Waffin) who captured the first half SMC bowling championship, defeating the Kingpins (Swarn Rajpal, Brian Haw, and Ken Beres) in a roll-off game after the regular season ended in a tie. Pete bowled a 203 scratch game and 588 scratch series, greatly surpassing his 150 average.

For the first half, Richard Volpe (217) and Ken Beres (213) bowled the highest scratch games, and Pete Kass' 588 high scratch series was followed by Johnny Bergeron's 578.

Second half competition has begun, and substitutes are always welcome, given the frequent absences of regulars due to vacations. Please consider coming out to Troy Lanes at John R/Square Lake Mondays at 10AM. For further information, please contact either of our newly named Chairs, Phil Owen or Dennis Winowiecki.

—Maynard Timm

Winter Golf

Winter golf practice at the Oakland Yard Dome began on Thursday, January 4. Cost is \$10 for all the balls you care to hit between 9:30-11:30AM. Lunch follows at Hero's Restaurant.

Schedule of Events at the Dome:

FEBRUARY 8: Swing tuned up by Edgewood Country Club golf pro Dave Vanloozen.

MARCH 8: Annual Chipping Contest.

MARCH 15: Swing tuned up by Edgewood Country Club golf pro Dave Vanloozen.

MARCH 22: Annual Putting Contest. The Chipping and Putting Contests have a \$3 entrance fee and the League will contribute \$2. The fees will be split 50%/30%/20% to the first top 3 winners.

For more information on any of these events, see one of the Golf Committee members:

Monday Golf Chair: Tom Waffin

Thursday Golf Chair: Tom Schrift

Season Golf Chair: Tim McGee

Games Chair Emeritus: Chuck Travers



Senior Health Matters Concurrent Use of Herbal Medicinal Products and Prescription Medications

Concurrent use of herbal medicinal products (HMPs) and prescription drugs by adults aged 65 and older was reviewed in the 12-1-2017 issue of *Drugs and Aging*.

The most commonly combined prescription drugs where a potential adverse reaction could occur when combined with an HMP are: antihypertensives, beta blockers, diuretics, antihyperlipidemics, anticoagulants, analgesics, antihistamines, antidiabetics, antidepressants and statins. The herbal medicinal products most commonly combined were Ginkgo biloba, garlic, ginseng, St. John's wort, Echinacea, saw palmetto, evening primrose and ginger.

Only 1/3 of HMP users disclose their use to healthcare professionals due to a perceived negative attitude of clinicians toward complementary medicine, they are not asked about their use or the notion that HMPs are safe. However, they have the potential to do harm.

The most common potential interaction was the risk of bleeding from a combination of Ginkgo biloba, garlic or ginseng with aspirin, warfarin or other antithrombotic drugs. Other potential herb-drug interactions resulted in interference with the activity of statins, enhanced sedative effect of benzodiazepines, alteration in blood pressure and blood glucose, decreased hormone replacement efficacy and inhibition of calcium metabolism.

The US Food and Drug Administration (FDA) has little control over the marketing of herbal products. The FDA may prohibit sales of herbal products containing pharmaceutical agents and may prohibit sale of an herbal product proven to have serious or unreasonable risk under conditions of use on the label or as commonly consumed. The burden of proof lies with the FDA and consumer reporting.

—Augustine L. Perrotta, DO

Groups



Investment Group

We will next meet on Wednesday, February 14 at 2:45PM. Our speaker will be Alan Miller, Tax Director of LJPR. Alan will discuss the implications of new tax regulations on our tax planning and reporting, plus possible investment consequences and decisions based on these revised tax rules. In our Capital Stock Game, the seemingly ever-expanding market results in strong game performances and changing game leaders. The latest report shows member Dave Ladd as the leader with a dynamic 72% portfolio gain, followed by Bill Halbert, up 54%. Of the 75 game participants, 58 have achieved portfolio gains!

—Dick Harper and George Miller



Computer Group

We will meet on Wednesday, February 21 at 3:00PM where a representative from the Baldwin Library will discuss all the databases and online services the library offers. Come find out how you can use the online tools at the library.

—Tom Allen



Reading Groups

On Wednesday, February 7 at 10:30AM, we will discuss Bill Browder's book "Red Notice". The *New York Times* writes that this book is "Part John Grisham-like thriller, part business, and the political memoir." And this story is all true! Bill Browder started as a Wall Street hedge fund investor whose financial instincts led him to try to make his fortune in Russia just after the breakup of the Soviet Union. Dave Zimmer will lead this discussion.

On Monday, February 19 at 3:00PM, we will discuss "The Last Painting of Sarah DeVos", by Dominic Smith. The author treats us to a riveting tale of art theft committed in New York in the 1950's while immersing us in both 1950's New York and 17th Century Netherlands where Rembrandt, Vermeer, and the Dutch landscape artists were all producing their masterpieces. Kirby Callam will lead this discussion.

—Frank Snower



Camera Group

On Tuesday, February 13, at 2:00PM, member Bob Frank will have presentation about the photos of ophthalmologist Dr. Howard Schatz. After his Retinal Vascular Service Fellowship, Schatz went to San Francisco and established a highly successful retinal diseases practice. Dr. Schatz became interested in art photography, and he began roaming the streets of San Francisco looking for subjects to photograph. He moved across the country to New York, where he has a studio, has published several books, photographed swimsuit models for "Sports Illustrated," and exhibited.

—Bob Frank



Genealogy Group

We will meet on Monday, February 5 at 2:00PM to discuss two areas of finding family history. The first is Cyndi's List which is a genealogy research site that has been in existence for over 20 years and serves as a portal to thousands of topics associated with family histories such as nations, religions, and websites. The second topic will be Facebook and its use in exploring your requests for family data through genealogy groups that exist not only in the United States but globally.

—Dave Bakos



Classic Movie Group

On Monday, February 12, Fred Hansz will present one of his favorite films, "The Blues Brothers" (1980), starring Dan Aykroyd and John Belushi, at 1:00PM. Directed by John Landis, this engaging musical comedy is about the title characters, Jake and Elwood, who raise money to save their orphanage from foreclosure by reuniting their old band to put on a blockbuster show, but nearly destroying Chicago in the process. There are great musical numbers by Aretha Franklin, Ray Charles and the Brothers. Carrie Fisher, John Candy, Cab Calloway, Kathleen Freeman and Steve Lawrence are just a few of the stars that appear throughout the film.

—Fred Hansz

Ty Perkins: Born and Raised in Detroit



Ty Perkins' grandparents arrived in the United States in the early 1800s from Scotland. Ty himself was born and raised in Detroit, Michigan. He attended Edgar Guest Elementary School and graduated from Detroit Redford High School in 1945.

One and a half years of his four-year high school education was spent at Forest Hills High School in Long Island, New York. He remembers watching many professional tennis tournaments there.

After high school, he joined the United States Navy, which took him halfway around the world to Tsingtau, China. He served on a fleet tanker called the U.S.S. Tappanock.

After his tour of duty, he attended Michigan State University, (Go Green! Maynard), on the GI Bill. Out of ten thousand MSU students, six thousand were men and women attending school on the GI Bill. Ty remembers sleeping in a gym on four-tier bunks, and then he moved to the Quonset Village. He took classes in the Business School.

In 1949 Ty went to work as a salesman for his father at Perkins Sales in Detroit. In 1955 this company went bankrupt. Ty talked to Frank Stella of Stella Products, a prominent Detroit businessman. Frank was able to get Ty a job as a manufacturer's rep which he attributes to good luck and good timing.

Ty was sent to Chicago to learn about the company's product lines. Then, he returned to Detroit and continued to market and promote these products. "He was a reps rep for seven years." Ty started his own business, R. Tyler Perkins Jr. Inc. He represented companies that made products for restaurants, hotels, and universities.

Ty has been a member of the Senior Men's Club since 2011. He enjoys numerous activities of the Club. These activities include being a greeter, golfing twice a week, a member of the Men's Chorus, and a member of the Master of Ceremonies Committee. To improve the SMC, Ty suggests sponsoring members should spend more time bringing new associates to the Club.

Ty has many and varied hobbies. They include participating in productions of the Village Players. Two of his favorite shows were "Little Abner," and "Guys and Dolls." He has served two terms as President of the Village Players. He also enjoys gardening, traveling, and following figure skating competitions at World and National levels.

Ty and his wife Ann have been married 65 years. They live in Troy, Michigan and they have two daughters and one son, four grandchildren, and five great-grandchildren. They attend the First Presbyterian Church of Birmingham.

He and his wife have been very active in the community. They both volunteered at SOCH—South Oakland County Homeless—for ten years where they helped feed, counsel, and get medical help for the homeless, and have volunteered for 25 years at the American Cancer Society and seven years at the Birmingham Bloomfield Art Association. In addition, they also chaired the AAUW book sale three times.

—Chuck Ragains

Misplaced Headlines

Man Kills Self Before Shooting Wife and Daughter

Police Begin Campaign to Run Down Jaywalkers

Miners Refuse to Work after Death

War Dims Hope for Peace

Cold Wave Linked to Drop in Temperature

Study of Obesity Looks for Larger Group

Kids Make Delicious Snacks

Astronaut Takes Blame for Gas in Space

Something Went Wrong in Jet Crash, Experts Say



President's Page

I am honored to serve as President for 2018. The Senior Men's Club represents the best of our community. Built on a foundation of fellowship, shared interests, and community service, values that are echoed in all we do. Every week, I am impressed and motivated by my fellow members to 'raise my game' to match these accomplished men of high principles...they are truly an inspiration to me.

At the January Board meeting, the following priorities for 2018 were presented and accepted.

SENIOR MEN'S CLUB - 2018 PRIORITIES:

- **Maintain/Increase Weekly Attendance ...** We experienced a bump in weekly attendance in 2017 flowing from the 60th Anniversary Celebration with average weekly attendance growing to 141. The goal is to maintain and improve that performance.
- **Increase New Full Membership by ...** 4-6 new members per month. New members are the lifeblood of every organization. They bring vitality, creativity, and innovation. We need new members for that special influx of talent in our organization.
- **Increase Weekly Guest Count by ...** 2-4 per week, 10 per month. Guests are the foundation of new membership. We will emphasize and welcome new members each week. Our free lunch program will be continued through the summer of 2018 to serve as an incentive and catalyst to bring guests who can turn into members.
- **New Member Follow Up/Participation ...** Full participation. We will challenge new members to serve on committees that reflect their interests. This is how new members can truly encounter the qualities and values of our special organization.
- **Quarterly Special Days ...** ex: Team Day, Anniversary Day. Each quarter (Mar./Jun./Sept./Nov.) we will have a buffet lunch to celebrate a special occasion. By example, May is our 61st Anniversary.
- **Friday Meeting Enhancement ...** On time and ready. Our Friday meeting is the centerpiece of our group. We believe that 'Tradition of Excellence' is a phrase that best represents our organization. It follows that our meetings be conducted professionally and efficiently. We will challenge presenters to be brief, focused and respectful of time constraints.
- **Financial Health ...** Revenues match expenses. We will serve as effective stewards of the financial health of SMC. We have already taken steps to ensure that revenues are managed to cover our expenses.
- **Annual Giving Initiative ...** Return to 2016 levels. We are true partners of The Community House. We use their meeting rooms and facilities. It is incumbent on the SMC to support TCH financially. The SMC Board has accepted the challenge to meet the standard of previous years and target contributions for 2018 to reach \$85,000. This target will be emphasized and addressed in the months to come.
- **Website Usage ...** Increase member usage. We have a thorough and professional SMC website. We will be challenging members to greater use as a primary communication tool.

—Dick Bradley



Dick Bradley



Dick Bradley and Dick Kamp

Kamp to Bradley-Touchdown!



Special Events

Theater and Brunch

The Events Committee is pleased to offer Stephen Sondheim's Tony Award Winning Musical "Into the Woods" on Sunday, February 11 at 2:00PM. The play is presented by Stagecrafters at the historic Baldwin Theatre, 415 S. Lafayette, Royal Oak. Stagecrafters has been honored many times with awards by *Hour Magazine*. Brunch is included at Lilly's Restaurant, which is adjacent to the theatre, at noon. This is a self driving event with free parking in the structure across Lafayette from the theatre. Limited tickets went on sale on January 19. Cost per person is \$45.

—Tom McNally

Houses of Worship Tour

Oakland County is blessed with a rich diversity of religious traditions from the Abrahamic faiths to Hinduism, Sikhism, and Buddhism. The House of Worship tour on Tuesday, April 17 is intended to provide a taste of that diversity. We depart by bus from the First Presbyterian Church in Birmingham. Our first stop is the Bharatiya Temple of Metropolitan Detroit where we will be introduced to Hinduism, view the facility and have lunch. Our second stop is at St. John Armenian Church, which is connected to the Mardigian Research Library and the Alex and Marie Manoogian Museum. The museum, the largest Armenian heritage museum in North America, documents the 2000 year history of the Armenian people. The group will have the opportunity to gain information about the church and be guided by docents through the museum's extensive collection. The Special Events Committee hopes this will be only the first in a series of tours to this area's many religious institutions. The charge is \$35 per person.

—Larry Imerman

February Discussion Group

On February 2, Martin Rowell's Discussion Group slideshow is titled "Impressions of China & Tibet." A 2017 tour of Shanghai, Wuhan, 3-Gorges Dam, Lhasa, Xian, and Beijing, left us with indelible memories of China's modernity, history, and hospitality. Q & A's with our guides will be shared with a focus on the 60-nation "Belt and Road " infrastructure project, underway since 2013 - The 21st C Silk Road. A Belt & Road primer and other handout materials will be available. Please join us right after lunch on Friday, February 2, at 12:45PM.

Stop the Bleed

This 90-minute class given by the Beaumont Trauma Team is designed to educate non-professional citizens in life-saving techniques when confronted by a mass shooting situation, auto accident, tornado or another emergency until professional 1st Responders arrive on the scene. Please consider preparing yourself to be helpful to your fellow man if ever confronted by a tragic situation. This class will be available to us on Saturday, March 24, 2018, time TBD in late February or mid-March. Larry Imerman or Dave Dinger will pre-register you for this FREE and worthwhile educational experience.

—Dave Dinger

Help Wanted – Name Tag Maker

Need one good man to make name tags for new members. The position comes with training and Epson XP-830 printer. Contact Jay Kafarski at seniormensclub@gmail.com.

Hero in Our Midst

It appears that we have a hero of the Vietnam War in our midst. Associate SMC member, Paul Gold, is a recipient of the Bronze and Silver Star for his actions. He was in the first draft of DO's (Doctor of Osteopathic Medicine) as physicians into military service. There is a chapter in my book - *A View from the Inside* entitled "The First DO Draft." It gives the background to that draft. If you don't have a copy of my book, I will give you a personalized copy. Let me know.

—Augie Perrotta

Associates Orientation

The next Associates Orientation meeting will be held on Friday, February 5 at 9:00AM at The Community House. All Associates are invited. Orientation is required prior to induction. Please contact John Klein at 248-363-3020 or Klein60@yahoo.com for attendance confirmation or questions.

—John Klein

New Members:



John R. Davis
31201 Old Stage Road
Beverly Hills, MI 48025-4421
248-318-3882
DavisJnj@comcast.net
Sponsor: Andy Acho



Terry L. Stinson
18 Barbour Lane
Bloomfield Hills, MI 48304
248-227-6168
TerryStinson@msn.com
Sponsor: Dick Bradley



Johan H. Wesslen
582 Overbrook Rd.
Bloomfield Hills, MI 48304
313-467-3342
wesslenj@gmail.com
Sponsor: Maynard Timm

To Life Member:

Irvin E. Poston

Resigned:

Thomas C. Graham (Life)

John K. Holden

Deaths:

Sami S. Kabbani, joined October, 2014

George Ritter, joined June, 2013

Raymond Latovick, (Life) joined January, 1994

William H. Laitinen, joined September, 2015

New Associates:

Phillip I. Levin

3103 Camden Drive, Troy, MI 48084
248-643-6488
levindevelopment@ameritech.net
Sponsor: Pete Kass

Stuart Main

1352 Bramble Bush Run
Bloomfield Hills, MI 48304
248-842-9556; stuart@srmain.com
Sponsor: Pete Kass

Timothy Nasso

900 W. Southlawn Blvd, Birmingham, MI 48009
248-760-6592; tnasso@comcast.net
Sponsor: Malcolm Hendy

Anthony P. Richards

1779 Deer Path Trail, Oxford, MI 48371
313-801-3719; apgrich@chartermi.net
Sponsor: Malcolm Hendy

—Pete Kass, Membership Chairman

—Frank Snower, Database Chairman

—Tom Booth, Gene Markel & Roger Timm, Photography

SMC 2018 Dues Coupon

2018 dues are payable before January 1, 2018. A \$10 late fee **must** be added for dues paid after January 1, 2018. Make checks payable to SMC and pay at a meeting or by mail. Please use the coupon if paying by mail.

If paying by mail, send to:
Senior Men's Club - Dues
The Community House
380 South Bates Street
Birmingham, MI 48009

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

**Life Members pay no dues, but many use the coupon to make a voluntary contribution for financial support of our Club.*

Mystery Lyrics



The lyric challenge last month proved to live up to being a mystery – only four readers recognized the song with these lines:

"Keep smiling through, just like you always do 'til the blue skies chase those dark clouds away."

We thought we might help in noting it was a hit for Vera Lynn and was featured in the closing scene of *Dr. Strangelove*.

Hearty congratulations to Joel Adelman, John Dueweke, Tom McNally and Roger Timm – they remembered: "We'll Meet Again." Hopefully, this month's challenge will be easier. Can you remember the song with these opening lines?

*"They asked me how I knew,
my true love was true."*

Can you name that tune? Hint—a big hit for the Platters, also in the soundtrack for *American Graffiti*.

Sports Trivia

The sports trivia item was equally difficult. Maybe we went back too far in asking readers to remember the NFL quarterback nicknamed "The Mad Bomber." We did tell you he was known for throwing many long passes – hence the nickname, supposedly started by Howard Cosell.

Only Joel Adelman and Roger Timm knew that this was Daryle Lamonia of the Oakland Raiders in the late 60's - early 70's era. He wasn't considered a great quarterback statistically, but he attempted many long, exciting passes.

OK, let's try a few more NFL nicknames – maybe easier (No—not Megatron, a good one, but too easy). Try these two: Who was known as "Mean Joe" and "The Assassin"? (Think Pittsburgh and Oakland).

—Dick Harper

THE REMINDER

A monthly publication of the Senior Men's Club of Birmingham, which meets on Fridays at 10:30AM at The Community House, 380 South Bates Street, Birmingham, Michigan 48009.

Officers for 2018 are: Charles R. (Dick) Bradley, president; Timothy S. McGee, first vice-president; Gerald W. (Jerry) Stribbell, second vice-president; Roger K. Timm, recording secretary; Maynard L. Timm, corresponding secretary; John P. Groves, treasurer; James A. (Jim) Bayson, assistant treasurer; John R. Bergeron, Thomas L. Booth, officers at large; George A. Grove, parliamentarian.

THE REMINDER includes: Dick Harper, editor emeritus; Maynard Timm and Jay Kafarski, co-editors; John Flintosh and Chuck Ragains, associate editors; Tom Booth, Gene Markel & Roger Timm, photography; Bob Jordan, mailing; Lee Trumbull, computer layout.

Senior Men's Club of Birmingham
380 South Bates Street, Birmingham, MI 48009
www.communityhouse.com

CLUB DATES TO REMEMBER

Executive Board Meeting: Tuesday, February 13, 9:30AM

Reminder Deadline: Friday, February 9

Bowling: Mondays at 10:00AM at Troy Lanes

Bridge: Tuesdays at 9:00AM; Fridays after lunch

Dome Golf: Thursdays at 9:30AM

Special Events

"Into the Woods": Sunday, February 11, 2:00PM

Houses of Worship Tour: Tuesday, April 17

Group Meetings

Genealogy Group: Monday, February 5, 2:00PM

Book Reading Group A: Wednesday, February 7, 10:30AM

Classic Movie Group: Monday, February 12, 1:00PM

Camera Group: Tuesday, February 13, 2:00PM

Investment Group: Wednesday, February 14, 2:45PM

Book Reading Group B: Monday, February 19, 3:00PM

Computer Group: Wednesday, February 21, 3:00PM

All events at The Community House unless otherwise stated.

SMC ON THE WEB:

www.seniormensclubbirmingham.com

www.communityhouse.com/supported-groups-nonprofits/senior-mens-club/